coolcaf
FOOD • FUN • FRIENDS

UPPER DARBY SCHOOL DISTRICT
Opportunity · Unity · Excellence

October 2026
Free Elementary Lunch

Assorted Fruit, Choice of 1% milk, nonfat chocolate milk
Menu Items In Green are Halal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Snack Packs Available for Students who Bring Lunch From Home	1 **Chicken Tenders** **Salad:** Three Cheese Wrap **Halal:** Hot Dog **Pizza:** Cheese Hot Veg: Broccoli Side Salad: Carrots & Garbanzo Beans	2 **Buffalo Chicken Pizza** **Salad:** Veggie Nugget Wrap with Power Slaw **Halal: Cheeseburger** **Pizza:** Cheese **Hot veg**: Fries **Side Salad**: Lettuce mix w/ Carrots & Tomato
5 **Turkey Bacon Cheeseburger** **Salad:** Buffalo Chicken Salad Wrap **Halal:** Chicken Nuggets w/ cheez-its **Pizza:** Cheese **Hot veg**: Corn **Side Salad**: Lettuce w/ cucumbers and carrots	6 **Chicken Quesadilla** **Salad:** Chef Salad w/ turkey & egg w/ Cheez-its **Halal:** Hot Dog **Pizza:** Cheese Hot Veg: Roasted Pepper & Onion. Side Salad: Carrots & Garbanzo Beans	7 **Muffin, String Cheese, & Yogurt Pack** Early Dismissal	8 **Chicken Sandwich w/ Royal Sauce** **Salad:** Three Cheese Wrap **Halal:** Hot Dog **Pizza:** Cheese Hot Veg: Broccoli Side Salad: Carrots & Garbanzo Beans	9 **BBQ Popcorn Chicken** **Salad:** Veggie Nugget Wrap with Power Slaw **Halal: Cheeseburger** **Pizza:** Cheese **Hot veg**: Fries **Side Salad**: Lettuce mix w/ Carrots & Tomato
12 	13 **Beef Walking Taco** **Salad:** Chef Salad w/ turkey & egg w/ Cheez-its **Halal:** Hot Dog **Pizza:** Cheese Hot Veg: Roasted Pepper & Onion. Side Salad: Carrots & Garbanzo Beans	14 **Baked Ziti w/ Meat Sauce** **Salad:** Chicken Tender Snack Wrap **Halal:** Chicken Sandwich **Pizza:** Cheese **Hot veg**: Roasted Acorn Squash **Side Salad**: Lettuce mix w/ Cucumbers and bell peppers	15 **Pepperoni Pizza** **Salad:** Three Cheese Wrap **Halal:** Hot Dog **Pizza:** Cheese Hot Veg: Broccoli Side Salad: Carrots & Garbanzo Beans	16 **Pizza Crunchers** **Salad:** Veggie Nugget Wrap with Power Slaw **Halal: Cheeseburger** **Pizza:** Cheese **Hot veg**: Fries **Side Salad**: Lettuce mix w/ Carrots & Tomato
19 **Meatball Sub** **Salad:** Buffalo Chicken Salad Wrap **Halal:** Chicken Nuggets w/ cheez-its **Pizza:** Cheese **Hot veg**: Corn **Side Salad**: Lettuce w/ cucumbers and carrots	20 **Beef Taco** **Salad:** Chef Salad w/ turkey & egg w/ Cheez-its **Halal:** Hot Dog **Pizza:** Cheese Hot Veg: Roasted Pepper & Onion. Side Salad: Carrots & Garbanzo Beans	21 **Chicken Drumstick** **Salad:** Chicken Tender Snack Wrap **Halal:** Chicken Sandwich **Pizza:** Cheese **Hot veg**: Roasted Acorn Squash **Side Salad**: Lettuce mix w/ Cucumbers and bell peppers	22 **Chicken & Vegetable Dumplings** **Salad:** Three Cheese Wrap **Halal:** Hot Dog **Pizza:** Cheese Hot Veg: Broccoli Side Salad: Carrots & Garbanzo Beans	23 **Chicken Tenders** **Salad:** Veggie Nugget Wrap with Power Slaw **Halal:** Cheeseburger **Pizza:** Cheese **Hot veg**: Fries **Side Salad**: Lettuce mix w/ Carrots & Tomato
26 **Meatball Sub** **Salad:** Buffalo Chicken Salad Wrap **Halal:** Chicken Nuggets w/ cheez-its **Pizza:** Cheese **Hot veg**: Corn **Side Salad**: Lettuce w/ cucumbers and carrots	27 **Beef Nachos** **Salad:** Chef Salad w/ turkey & egg w/ Cheez-its **Halal:** Hot Dog **Pizza:** Cheese Hot Veg: Roasted Pepper & Onion. Side Salad: Carrots & Garbanzo Beans	28 **Spicy Chicken Street Corn Mac & Cheese** **Salad:** Chicken Tender Snack Wrap **Halal:** Chicken Sandwich **Pizza:** Cheese **Hot veg**: Roasted Acorn Squash **Side Salad**: Lettuce mix w/ Cucumbers and bell peppers	29 **French Bread Pizza** **Salad:** Three Cheese Wrap **Halal:** Hot Dog **Pizza:** Cheese Hot Veg: Broccoli Side Salad: Carrots & Garbanzo Beans	30 **Pancakes w/ Turkey Sausage** **Salad:** Veggie Nugget Wrap with Power Slaw **Halal:** Cheeseburger **Pizza:** Cheese **Hot veg**: Fries **Side Salad**: Lettuce mix w/ Carrots & Tomato

This institution is an equal opportunity provider.